

IT'S SO TRUE

Choreographed by: Helen Born & Nita Lindley (USA) Feb 08)

Music: **The Truth About Men** by Tracy Byrd (145bpm) CD: Truth About Men

Descriptions: 32 count - 2 wall line dance - Beginner/Intermediate level

Or Music: Family Tree by Darryl Worley (121 bpm) CD: I Miss My Friend

RIGHT KICK BALL CHANGE, STEP CROSS HOLD, LEFT KICK BALL CHANGE, STEP CROSS HOLD

1&2-3-4 Kick right forward, step down on right, step left in place, cross right over left and hold
5&6-7-8 Kick left forward, step down on left, step right in place, cross left over right and hold

RIGHT BACK SHUFFLE, LEFT BACK SHUFFLE, ROCK STEP, COASTER STEP

1&2 Step right back, step left close to right, step right back
3&4 Step left back, step right close to left, step left back
5-6 Rock forward on right, recover on left
7&8 Step right foot back, step left together, step right foot forward

STEP, BEHIND, ¼ STEP, ½ PIVOT, ¼ STEP, BEHIND, SIDE (FULL TURN 8 COUNT VINE)

1-2 Step left to side right behind left
3-4 Step left ¼ turn left, step forward on right
5-6 Pivot ½ turn left, (weight on left) turn ¼ turn left and step right to side
7-8 Step left behind right, step right to side, (completing whole turn)

½ PIVOT RIGHT, LEFT SHUFFLE, TOE STRUTS

1-2 Step forward left, ½ turn right on ball of right foot
3&4 Step left foot forward, step right next to left, step left foot forward
5-6 Touch right toe forward, step down on right heel
7-8 Touch left toe forward, step down on left heel