

Rita's Waltz

Competition Step Sheet

DIVISION: PRIMARY NOVICE

Description: 24 counts. 4 Walls

Choreographer: Jo Thompson

Music: "Slow Dance" – Michael Peterson (Album – Being Human)

Count in: 24 counts from start of track – begin on vocals



1 – 6 WALTZ BALANCE STEP

1 - 3 Step forward left (1), step right next to left (2), step in place with left (3)

4 - 6 Step back right (4), step left next to right (5), step in place with right (6).

7 – 12 WALTZ BALANCE STEP

1 - 3 Step forward left (1), step right next to left (2), step in place with left (3)

4 - 6 Step back right (4), step left next to right (5), step in place with right (6).

13 – 18 LEFT TWINKLE, RIGHT TWINKLE

1 - 3 Cross left over right towards right diagonal (1), step right to right side (2), step left to left diagonal (3)

4 - 6 Cross right over left towards left diagonal (4), step left to left side (5), step right to right diagonal (6)

19 – 24 LEFT TWINKLE, RIGHT TWINKLE WITH ¾ TURN RIGHT

1 - 3 Cross left over right towards right diagonal (1), step right to right side (2), step left to left diagonal (3)

4 - 6 Cross right over left towards left diagonal (4), Make ¼ turn right stepping back on left (5), make ½ turn right on ball of left stepping forward on right.

START AGAIN AND ENJOY!